

Aleutian Pribilof Islands Association, Inc. (APIA)
Community Partner Application
Garrett Lee Smith Suicide Prevention Grant: Breaking Waves: Navigating Life's Journey
Applications Due: January 16, 2024
Project Timeline: September 30, 2023- September 29, 2028

I. Introduction

The Substance Abuse and Mental Health Services Administration, Center for Mental Health Services has awarded APIA a five-year grant with the purpose supporting tribes with implementing youth suicide prevention and early intervention strategies in schools, educational institutions, juvenile justice systems, substance use programs, mental health programs, foster care systems, and other child and youth-serving organization. APIA is excited to share that we are currently accepting community partner applications to join us in these efforts.

APIA aims to increase psychological well-being of youth by utilizing evidence-based and culturally relevant approach that weaves in healthy mental, physical, social and cultural traditions tied to Unangan ancestry. APIA will mobilize to address youth suicide, substance use and the stigmatization that surrounds mental health by utilizing our Unangan adapted version of the evidence-based Healing of the Canoe's Culturally Grounded Life Skills for Youth curriculum titled "Breaking Waves: Navigating Life's Journey". The project will expand opportunities for youth to incorporate the use of the Breaking Waves: Navigating Life's Journey curriculum and the traditional iqyax, or ulutax (kayaks) for strengthening pride, identity, and build community connectedness.

To meet the project goals, Breaking Waves: Navigating Life's Journey, APIA is seeking regional community partners who are also heavily invested in addressing wellness and supporting behavioral health education and skill development. We hope that is you!

Through your partnership and commitment, together we will make suicide prevention, early intervention and wellness a core priority in our region. If this opportunity has ignited and inspired you to join our cause, please consider applying to become one of our three community regional partners.

II. Basic Award Information

APIA anticipates funding up to 3 community partners at \$25,000 a year for five years. The selected community partners will be awarded the funds and required perform in partnership with APIA Breaking Waves staff, the following grant required activities to total the award amount:

- Advertise and hire a Community Wellness Coach (CWC) to deliver monthly suicide prevention trainings in tandem with the use of the traditional kayak as a cultural metaphor in their respective community. Suggested but not required payment rate for the CWC is \$1,000 a month x 12 months to total \$12,000.
- If selected, the community partner will establish a curriculum review team to assist APIA project staff in periodic curriculum revisions.
- CWC position responsibilities must involve:
 1. Attend APIA Breaking Waves: Navigating Life's Journey train-the-trainer virtual event and on-site technical assistance of curriculum integration coupled with an iqyax or ulutax build facilitated by APIA project staff.
 2. Once trained in the curriculum, recruit, enroll, and provide evaluation support.
 3. Host monthly lesson facilitation of the Breaking Waves: Navigating Life's Journey suicide prevention curriculum coupled with cultural and physical activities through

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use of existing iqyaxs' or uluxtaxs', for an annual total of 12 workshops, to integrate 14 skill-building lessons with the goal of 16 attendees.

4. Travel to attend L2 Sea Kayaking Certification through the American Canoe Association in year one and Wilderness First Responder training. Airfare and lodging provided by APIA.
 5. Attend quarterly trainings offered by the certified Training and Outreach Manager and/or qualified APIA staff in one or more of the following: Teen Mental Health First Aid, Youth Mental Health First Aid, Prime for Life, and Question, Persuade and Refer.
 6. Travel and chaperone to attend the Regional Steering Committee for Health and Resilience in year one. In years two and four, attend and chaperone for an APIA hosted Regional Youth and Elder Summit in Anchorage for Regional Steering Committee for Health and Resilience youth members. Airfare and lodging provided by APIA.
 7. Provide resources and follow-up services to youth at-risk in collaboration with the APIA Project Coordinator/BH Clinician.
 8. Post virtual and in-person monthly training announcements and distribute suicide prevention materials.
 9. Participate in communications between APIA, residents of the community, tribes, health clinics, schools and other relevant key organizations.
 10. Provide resources and follow-up services to youth that have been discharged from treatment program and have returned to their community through face-to-face visits and re-engagement in project activities.
 11. Operate as a collaborative partner in providing culturally responsive care to those impacted by suicide death and attempts.
- Funds can support any community partner's operational cost to host CWC to include but not limited to: office space, computer and/or laptop, telephone, and internet fees. \$10,000 per year.
 - Funds can support facility/room use for monthly workshops: \$3,000 per year.

Total amount to be awarded: \$75,000 equally distributed to 3 regional community partners.

Match requirement: No match required.

TIMELINE FOR APPLICATION

Request for application released: December 1st, 2023

Applications are due: January 16, 2024

Awards will be announced: January 31st, 2024

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PROJECT PERIOD

Start date is dependent on the completion of Attachments A and B in this application, with collaboration between APIA and said community partner until **September 2028**.

REPORTING

Monthly reports will be completed by subaward recipients with their respective CWC assistance. The Reports will be due within 3 business days from the last day of the month. Reports may be submitted by email to the Project Coordinator, Becks Jacobs at becksj@apiai.org . Project will require an end of the year financial report to verify expenditure of funds.

ELIGIBLE APPLICANTS

The population of focus for Breaking Waves: Navigating Life's Journey is youth **ages 14-24**. The project catchment area will be comprised of 3 regional contractual community partners from 10 eligible tribal communities of the Aleutian Pribilof Islands Association (APIA) serviceable catchment area: Atka, Akutan, King Cove, False Pass, Nelson Lagoon, Nikolski, Sand Point, St. George, St. Paul, and Unalaska, Alaska and simultaneously operate in the agency's urban hub of Anchorage, AK. The project multigenerational approach to facilitate prevention and early intervention and applied with a universal community approach. ***Those outside the target population, including non-tribal youth, consequently faced with mirrored social stressors will not be excluded.***

COMMUNITY PARTNER APPLICATION SUBMISSION

Email completed attachments to Becks Jacobs or Dustin Newman by January 15th, 2024 by 4:30 PM:

Becks Jacobs, Project Coordinator/BH Clinician, becksj@apiai.org, (907) 276-2700

Dustin Newman, Training and Outreach Manager, dustinn@apiai.org, (907) 276-2700

Wellness Program Services, Aleutian Pribilof Islands Association, Inc.

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Attachment A
Application

The information requested below will be used to draft a **Professional Services Agreement** in the event that your organization is selected and approved by project staff and by APIA's President/CEO.

Full Name of Organization:	
Organization Contact for Project:	
Address of Organization:	
Phone Number:	
Email Address:	
Tax ID #:	

Provide a brief description as a potential recipient of funds, how your organization and/or institution plan to successfully implement project goals and activities set forth in this application. (approximately 1-2 paragraphs).

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Attachment B

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Budget Form Year One: 2023 - 2024

Please describe below the items you will need apply awarded funds towards to ensure project goals and activities are completed. All items listed must directly relate to items set forth in this. Note **that the total of your budget should not exceed \$25,000.** *This form must be completed, reviewed and approved by APIA prior to releasing any funds.*

	Description of item/amount/quantity and why item is needed for activity:	Total Cost:
Materials:		
CWC wages:		
Facilities: (office/workshop space fees, CWC computer and/or laptop, telephone, and internet fees):		
Miscellaneous:		
TOTAL:		\$25,000.00

*Should you elect to use project subaward funds for incentives, per the [NOFO SM-22-003](#), up to \$30 non-cash appropriate incentives can be provided to participants. Specifically, incentives may **only** be used to encourage participation in data collection follow-up activities, such as post-activity training or event surveys, questionnaires, evaluations, and follow-up interviews. Incentives may NOT be used to encourage attendance at any a programmatic activity, training, or event. Incentives may not be offered to grant staff or volunteers.

*If the community partner selected CWC completes all training in Year 1 and they or the partner terminates their employment, the community partner may be responsible for any associated training costs for the CWC replacement (L2 Certification and Wilderness First Responder training).