Community Reinforcement and Family Training (CRAFT)

I want to help my loved one enter treatment.

About CRAFT

Community Reinforcement and Family Training (CRAFT) is an evidence-based service available to concerned family members and close friends who want to:

- Improve relationship with their loved one who is misusing substances
- Encourage their loved one to reduce or end their substance misuse
- Engage their loved one into treatment

CRAFT teaches family members and friends to:

- Identify their loved one’s triggers for substance use and related consequences
- Break patterns that unintentionally reinforce their loved one’s drinking or substance use
- Develop and improve communication skills to effectively express their needs and requests
- Help their loved one access effective treatment resources when they express interest in treatment
- Take care of themselves & reconnect with their values so they can lead a life that is centered on their values and not their loved one’s substance use
- If violence or the potential for violence exists, CRAFT helps family members identify triggers for violence and develop plans to keep everyone safe

For more information or to schedule an appointment, contact:
(907) 222-9764 | 1-844-375-2742