

Community Reinforcement and Family Training (CRAFT) *I want to help my loved one enter treatment.*

About CRAFT

Community Reinforcement and Family Training (CRAFT) is an evidence-based service available to concerned family members and close friends who want to:

Improve relationship with their loved one who is misusing substances

Encourage their loved one to reduce or end their substance misuse

Engage their loved one into treatment

CRAFT teaches family members and friends to:



Identify their loved one's triggers for substance use and related consequences

Break patterns that unintentionally reinforce their loved one's drinking or substance use

Develop and improve communication skills to effectively express their needs and requests

Help their loved one access effective treatment resources when they express interest in treatment

Take care of themselves & reconnect with their values so they can lead a life that is centered on their values and not their loved one's substance use

If violence or the potential for violence exists, CRAFT helps family members identify triggers for violence and develop plans to keep everyone safe



For more information or to schedule an appointment, contact:
(907) 222-9764 | 1-844-375-2742

CRAFT



Community Reinforcement and Family Training



ALASKA NATIVE
TRIBAL HEALTH
CONSORTIUM



APIA
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SAMHSA
Substance Abuse and Mental Health
Services Administration