The Capture the Culture Gala, held March 15, 2014 at the Sheraton Anchorage Hotel, was another great event. What makes our event so great is the tremendous support we receive from our community and the great team work of APIA staff and volunteers. Individuals and businesses donated items for our silent and live auctions and purchased table sponsorship to support the fundraiser. On behalf of APIA’s Board of Directors, Dimitri Philemonof, President/CEO and Millie McKeown, Cultural Heritage Director, a heartfelt thank you to donors, sponsors, volunteers and APIA staff helpers for your support!

It was an exciting evening! During dinner, the Anchorage Unangax Dancers Group performed for 45 minutes. There were 28 dancers in the group! Their amazing performance left the crowd in awe!

Cary Carrigan, the auctioneer, led a Head or Tails game in between the live auction for a chance to win Two (2) Round Trip tickets anywhere Alaska Airlines flies. Lottie Roll was the lucky winner! Congrats Lottie and thank you Alaska Airlines!

The auction ended with the Centerpiece Scramble game where guests could bid on 20 custom made Aleutian Glass Ball centerpieces. One lucky bidder, Michelle Yatchmeneff, out of the 20 winning bidders of the centerpieces was the winner of a Bailey’s recliner and an Ipad donated by the Aleutian Housing Authority. The beautiful hand-painted glass balls used to create the centerpieces were painted and donated by Steve Hakala! The centerpieces were designed by Shawn Hakala-Shearer and Liza Mack. Thank you Steve, Shawn and Liza. Congratulations Michelle!

At the end of the evening, the Ken Peltier band played live music for the energetic guests that were ready to strut their stuff! Lots of door prizes, including 50,000 Alaska Airline miles were given away. Congratulations to Sherry Bauer, winner of the airmiles!
I hope everyone is having a wonderful summer so far and the fish are plentiful!

**Traditional Foods Recipe Book**
Over the past 6 years, APIA, under the supervision of Ken Selby in Community Services, through SuAnne Unger has produced an elaborate book on the traditional foods from our region, entitled *Qaqamiqiuq* (to hunt or fish for food and collect plants, subsistence). This hard cover book has over 350 pages, contains hundreds of colored and historical photos. *Qaqamiqiuq* contains many recipes from throughout the region, both historic and contemporary, however, it is much more than a cookbook. It is a cultural, historical, and nutritional tribute to the traditional foods from the region. Many elders from our region were interviewed specifically for this project and their stories resonate throughout the book. The book is with the printer now. We should have the books here within the next few months.

**Substance Abuse Summit**
Per direction from the Board at our December Board meeting, we are planning a Regional Substance Abuse Summit. Due to funding constraints this summit is scheduled to take place in Anchorage September 10 – 12, 2014. The theme of the summit is ‘Reclaim Alaska: The Aleut Solution.’ Day One will focus on ‘Understanding the Problem and Tried Solutions;’ Day Two the ‘Vision for Our Region: Turning Hope Into Action;’ and Day Three ‘Developing Strategies to Reclaim Alaska.’ We are still working out the logistics and finalizing the agenda, as well as seeking funding.

**Unalaska & Atka Clinic Replacement Status**
Geoffery Strommer of Hobbs, Straus, Dean and Walker and Associate Tanya, Carolyn Crowder, Jessica Mata Rukovishnikoff, Tom Robinson, Qawalangin Tribal President, and Vincent Tutiafof also from the Qawalangin Tribe, and myself met with Senator Lisa Murkowski; Andrea Sanders of Senator Begich’s office; and a separate meeting with Admiral Gary Hartz, Director of IHS Office of Environmental Health and Engineering on March 11. On March 12, we met with Scott Hansen, State Department Office of Japanese Affairs; and later with Congressman Don Young. We have a meeting scheduled with the Japanese Attaché on May 8. I will report to the Board what takes place at that meeting.

**4th Annual APIA Gala Auction ~ Capture the Culture**
Our 4th Annual APIA Gala Auction event took place March 15 at the Sheraton Hotel. It The fourth Capture the Culture Gala was an exciting event! The event took place at the Sheraton on March 15 and included a silent and live auction, dinner and entertainment and a dance party. Cary Carrigan was the Auctioneer, the Anchorage Unangax Dance group performed during dinner with 28 dancers in the group! The Ken Peltier country band was the entertainment during the dance. The management and staff at APIA are a great team and put on a great event. Special thanks to Millie for her tireless work to pull this event off with such success. I appreciate the Board’s support, work of management and staff as well. I heard a lot of good things from our guests and many of the corporate guests said it was one of the best fundraisers they attend!

**Special Recognition to Delores Kochuten**
At the end of March, Delores resigned her position as the EPA/IGAP Coordinator for the Belkofski Tribe, a position she has held for the past 14 years. Her dedication, foresight and caring of the environment and the people have always been her driving force in achieving excellent performance for the IGAP program. In addition to her IGAP position, Delores was our Board of Directors for the Belkofski Tribe for many years; serving faithfully and engaged. Delores will be missed and we wish her well in her continued endeavors.

**Memory Eternal**
It is with a heavy heart and much sadness to say that our long time St. Paul tribal APIA Board representative and Board Health Committee Chair, Mike Zacharof passed on June 14. My deepest sympathies and prayers go out to his wife, Julie, and all of his children. Mike was a great man, tribal leader, champion for the St. Paul Tribe, APIA, tribal health care for our region, and throughout the nation and he was a very dear friend of mine. Words cannot express what a tremendous loss his passing is to his family, myself, the Aleut people... to us all. God Bless. Memory Eternal.
Russian Orthodox Sacred Sites In Alaska (ROSSIA) is a grass roots non-profit organization with the mission to preserve the 35 Russian Orthodox Churches in Alaska that are listed on the National Historic Register. One of the oldest Russian Orthodox churches in Alaska is the Holy Ascension Church of 1894 (Library of Congress; www.loc.gov), located in Unalaska. The Holy Ascension is a National Historic Landmark - our nation’s highest honor for historic buildings and one of only 49 in Alaska and 2,500 in the entire United States. This site is also associated with the first resident Orthodox bishop of Alaska, Rev. Veniaminov, also known as Saint Innocent of Alaska.

One funding source ROSSIA projects is the Rasmuson Foundation. Mr. & Mrs. Ed Rasmuson visited the Holy Ascension church nearly 10 years ago and recognized the value of preserving this significant site. Understanding that Mr. & Mrs. Rasmuson felt that this church was beautiful and had an interest in preserving it, ROSSIA included the Holy Ascension Russian Orthodox Church in their proposal for funding from the Rasmuson Foundation for a technologically advanced fire suppression system. The advanced fire suppression system is based on a high pressure mist which is different than a wet pipe system that can ruin the icons and artifacts located in the church. The system is under high pressure, which needs to be done through stainless steel piping. The stainless steel piping, will last a lot longer than traditional black pipe system, which can rust in the moist climate. A side benefit of the stainless steel system is that it is much smaller and it is easier to conceal.

To get the project started, National Park Service Historical Architect, Grant Crosby, and Fire Suppression Engineer, Dene Friesen from Anchorage based ATS Alaska, will be conducting a site visit to inspect the church, take necessary measurements, look at options for water supply, storage of related equipment, etc. When this visit is complete, the engineer will develop a design and establish a total cost for the project. The Rasmuson Foundation has contributed a large portion of funding to do the assessment and design of the system, however, since the Holy Ascension Orthodox church is larger than other churches, it is anticipated that it will cost more than previous projects.

The ROSSIA Board of Directors will have a strategic planning session to establish a framework for fundraising and help with the efforts throughout the project. The community is encouraged to get involved and be advocates for preservation of the church. Other funding options will also be explored to help with the project.

If you are interested in being a “Champion” for the Holy Ascension Orthodox Church in Unalaska, please contact Kathy Dirks at 1-907-581-6574 or kathyd@apiai.org.
Thank You for Your Support!

Thank you donors for the art, crafts, merchandise, services, cash, volunteer time and attending our event. Your extraordinary support makes the Capture the Culture an impressive and successful event!

6th Avenue Outfitters
ACE Air Cargo
Agnes Thompson
Alaska Airlines
Alaska Center for the Performing Arts
Alaska Dinner Factory
Alaska Native Heritage Center
Alaska Railroad Corporation
AlaskaFit, LLC
Aleutian Housing Authority
Anchorage Glacier Pilots
ANCHORAGE UNANGAS DANCE GROUP
Anchorage Yoga
Andre Castro
Andrew Abyo
Andronik & Ella Kashevarof
Annette Donaldson
APIAI
APIAI Health Department
Arctic Office Supply - Joannie Lane
Arctic Roadrunner
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Artique, Ltd
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Skin Bar Hair & Body Boutique
Steve & Deanna Novakovich
Susan Ringstad Emery
Tara Bourdulofsky
TDX St. Paul Island Tours
Teresa Olekszyk
The Coast International Inn
Tina & Daniel Woods
TransAmerica, Inc.
Trina & Bobby Deuber
Unga Tribal Council
US Senator Lisa Murkowski
Two of the Aleut values that Doll embraces must be: Live with and respect the land, sea and all nature; and, Subsistence is sustenance for the life. During her 14 years as the Environmental Coordinator for the Belkofski Tribe, Doll orchestrated an oil drum cleanup in Belkofski and another cleanup in King Cove. Removal of those contaminants from both locations is a lasting legacy that continues to help the land. Doll spent much of her energy promoting and protecting subsistence foods in her communities and she is well known for her collecting berries and sharing these with community elders and bringing fresh caught salmon to elders in the late summer and fall. Sharing the natural beauty and bounty of the land and sea was a primary goal when Doll arranged for the annual pilgrimage to Belkofski and she took the elders “home.” We also knew of Doll’s interest in protecting the clams of King Cove and her support of the paralytic shellfish poisoning monitoring project and educating people to keep them safe from getting sick. Doll is known for helping people, providing rides for elders, discussing gardening options and protecting the environment.

At end of March, Delores resigned her position as the EPA IGAP Coordinator for the Belkofski Tribe; a position she has held for the past 14 years. Her dedication, foresight and caring of the environment and the people have always been her driving force in achieving excellent performance for the IGAP program.

Delores will be missed and we wish her well in her continued endeavors.
SMOKEY BLUE’S JOURNEY TO ST. GEORGE

By: Michael Nemeth, VPSO Coordinator

On November 12, 2013 Smokey Blue’s long journey came to an end. For the first time in approximately five years, St. George had a functional fire truck. The blue-colored fire engine arrived Monday on board the crab fishing vessel Far West Leader, which took the truck north from Unalaska to Saint George Island, on the last leg of a journey that started nearly a year earlier in Sitka, 1,280 miles away in Southeast Alaska.

The truck spent approximately 11 months in Unalaska, after arriving on a barge funded by the Alaska Department of Public Safety and was cared for by the Unalaska firefighters and Chief Abner Holage while awaiting northbound transportation. The last leg was funded by two fishing organizations, Trident Seafood’s, and the Aleutian Pribilof Island Community Development Association.

“Smokey Blue” arrived in St. George, and was offloaded by the village’s new crane. The 35-ton capacity crane on wheels arrived on a barge two months earlier, along with the new modular powerhouse.

Smokey Blue’s Journey really began almost 5 years before its delivery. The blue fire truck first came to the attention of St. George, when its village public safety officer, 1st Sgt. Michael Lejarzar Sr. was attending the fire training portion of the VPSO academy in Sitka. Lejarzar began talking with Sitka’s fire Chief Dave Miller about the prospect of obtaining the fire truck for Saint George Island. St. George, with a population of approximately 90, couldn’t afford $250,000 for a brand new truck.

On May 22, 2012 after Chief Miller’s endorsement, the Sitka City Council voted to sell “Smokey Blue” to Saint George for one dollar, the fire truck, with 15,560 miles on the odometer, is in good condition, and was well cared for. Smokey Blue was let go because Sitka routinely replaces fire vehicles after 20 years. Sitka’s new truck is a $600,000 red ladder truck, with half the money donated by a woman who insisted on the traditional color. “She didn’t think fire trucks should be blue,” Chief Miller said.

This acquisition would not have been possible without the help and support of APIA’s 1st Sgt. Michael Lejarzar Sr., Chief Dave Miller, the City of Sitka, the Alaska Department of Public Safety, Unalaska Fire Department, Chief Abner Holage, Mayor Patrick Pletnikof, Aleutian Pribilof Islands Community Development Association, Trident Seafood’s, and the vessel Far West Leader and crew.
Following the direction of the APIA Board of Directors, planning is going full steam ahead for the first ever Substance Abuse Action Summit to be held for the Aleutian and Pribilof Islands region. Our first official planning meeting took place on March 25th with the A-Team: APIA, EATs, APICDA, AHA, AEB and the Aleut Corporation invited. After review logistics and costs, the planning steering committee made the decision to host the Summit at the APIA’s Unangam Ulaa building in Anchorage on September 10-12, 2014. The theme of the summit is ‘Reclaim Alaska: The Aleut Solution.’ Day One will focus on ‘Understanding the Problem and Tried Solutions;’ Day Two the ‘Vision for Our Region: Turning Hope Into Action;’ and Day Three ‘Developing Strategies to Reclaim Alaska.’ The planning steering committee will be working out the logistics and finalizing the agenda, as well as seeking funding sponsorships and volunteers. So far we have confirmation of sponsorship interest from several organizations including the A-Team organizations, ANTHC, and the Mental Health Trust Authority. For more information, please check the APIA website for posting of information on the Summit agenda and speakers as details become finalized for this important event.

The committee also outlined the draft goals & purpose of Summit as follows:
1. To develop a task force of individuals from the various disciplines (Aleut Leadership, Behavioral Health & Wellness, Law Enforcement, Transportation, Business, and other stakeholders)
2. To provide recommendations for the task force on legislation to stop drug trafficking
3. To develop a long-term community-based strategy for stopping the alcohol/drug epidemic including: regional and community action plans, residential treatment options, and create the availability of detox beds and transitional housing units throughout the region
4. To develop a process to ensure that there is 100% community buy-in for success
5. To educate the region on Awareness on the effects of alcohol and drugs physically, mentally, and the correlation of alcohol and drugs with trauma, domestic violence, suicide, child abuse and other related social issues.
6. To promote business strategies for drug free workplace
7. To identify local, statewide and other resources to assist communities in their efforts to reclaim their communities

A list of potential speaker and participant invitees to the summit is also being developed; it was noted that it would be ideal to have active youth participation. Discussion took place about funding options to make this summit happen successfully. One suggestion was to encourage every community to support their Elder/Youth/Leaders to travel for the summit. Discussion took place around the need to include all individuals (Elders, Youth, community leaders) and all Aleut stakeholder organizations because everyone is impacted by this epidemic.

More discussion on these items will be held at the next planning meeting taking place in Anchorage soon. Anyone wishing to help sponsor or contribute to the summit should contact the 2014 Substance Abuse Summit coordinator April Arbuckle, Assistant Community Health Services Administrator aprila@apiai.org or 907-276-2700. In the meanwhile, “Save the Date of September 10-12, 2014” and we hope to see you at the Summit!
The Native American Lands Environmental Mitigation Program (NALEMP) was developed by the Department of Defense (DoD) to address environmental issues from past DoD activities on Indian lands which include Alaskan Native Claims Settlement Act (ANCSA)-conveyed lands and Native allotments. In recognition of the need to address tribal concerns in DoD environmental programs, Congress has provided funds annually to mitigate environmental impacts to Indian lands and ANCSA-conveyed properties.

Most environmental programs use site evaluation and assessment processes that are consistent with national environmental regulatory requirements, but do not consider the potential effects past military operations may have on traditional cultures, such as risks to subsistence activities. Some DoD activities, such as abandoned buildings and debris, typically rank lower or are not eligible for assistance under current cleanup priority systems. In addition, because many Indian lands and ANCSA-conveyed properties are located in remote areas with low population densities, impacts on these lands are often considered to be lower priority sites, except by Tribes.

In 1996 the DoD began a program aimed specifically at addressing the effects of past military operations on Indian lands and ANCSA-conveyed properties. The resultant program is known as NALEMP.

The DoD has an ongoing commitment to address impacts from weapons testing, practice bombing, field maneuvers, WWII actions and other activities through the government-to-government consultation process. Through NALEMP, the DoD works closely with Tribes to mitigate environmental impacts and maximum tribal participation.

The impact must be on eligible lands. These include any lands held in fee by any Indian tribe or individual; any lands held in trust by the United States for the benefit of any Indian tribe or individual; any lands held by any Indian tribe or individual subject to restrictions by the United States against alienation; any restricted townsite lots held by Alaska Natives pursuant to the Alaska Native Townsite Act; any lands owned by Alaska Native Claims Settlement Act regional or village corporations; and any lands and waters covered by a treaty right that has not been extinguished.

All eligible sites are screened annually for available funding. When congressional funding becomes available, the DoD will decide which sites to accept based on the information available in NAMSEI. The DoD considers factors other than risk to human health and the environment for cleanup sites on Indian lands including impacts to traditional practices, subsistence lifestyles, and economic viability.

Once sites are selected, the DoD works on a government-to-government basis with the Tribe on specific projects to determine the best course of environmental impact mitigation. If the site in ineligible for funding under NALEMP, the DoD will assist the tribe to obtain other appropriate resources, if available, to address the reported impact. Additional potential funding sources may include other DoD, federal agency, or state environmental programs.

WWII Military Impacts in the Aleutian Islands: About six months after the attack on Pearl Harbor, the Japanese bombed Dutch
Harbor signaling the beginning of the Aleutian Campaign and led to the evacuation and internment of American civilians for the duration of the war. In early June, 1942, the Japanese followed the Dutch Harbor raid with an invasion of American soil. After months of reconnaissance, they landed on Kiska and Attu Islands in the Western Aleutians, over 1,000 miles from Dutch Harbor. On Kiska, they took a small Naval weather crew captive; on Attu, they took the whole village hostage, later shipping them back to Japan as prisoners of war. WWII military impacts include sites containing unexploded ordinances, asbestos, oil spills and PCB contamination and military debris including dilapidated buildings, fuel tanks and oil drums. The Aleutian Pribilof Islands Association (APIA) is leading the NALEMP effort in the Aleutian Islands to clean up these sites and to protect people from exposure to dangers. Progress in Atka NALEMP site includes debris removal and contaminant monitoring and remediation. The Atka NALEMP project is explained on the web site: http://environmentalaska.us/aleutian-islands-wwii-mitigation-nalep.html. The below links take you to the long-term planning document, Strategic Project Implementation Plan (called SPIP), for the Native Village of Atka and describes former Department of Defense sites. Go to this link to see the Strategic Project Implementation Plan:Atkaspip.org. The site includes three links:

1. Strategic Project Implementation Plan (http://atkaspip.org/downloads/ATKA%20SPIP%202013.pdf) (75 pages)
2. Images gallery (http://atkaspip.org/site-images/) (16 high resolution aerial images)
3. References (http://atkaspip.org/references/) with hot links to 20 historical documents dating back to during WWII (about 3,500 pages of historical documentation)

Help Support APIA’s Urban Unanga Camp and Language Program!

Purchase these beautiful Capture the Culture Goblets—$10 per glass

Purchase a set of 2 or a set of 8 to dress up your dining table or for every day use!

Call (907) 276-2700 or stop by our office to get for your set today!
By now you should have caught a bit of the buzz and excitement of the movement to replace the health facilities that were destroyed during World War II in both Unalaska and Atka.

Leadership of Unalaska and Atka have joined APIA in their effort to get the projects to restore their Health Facilities rolling. The most recent accomplishment and movement was a proposal and language submitted by the Honorable Mark Begich, Senator.

In a letter dated Wednesday, April 9, 2014 to the Honorable Chairman Jack Reed and the Honorable Ranking Member Murkowski, Begich respectfully requested support for the program titled: Unalaska Hospital and Clinic (Atka). In that paragraph he expertly describes the history of both the BIA hospital in Unalaska, the evacuation of the Atka people and destruction of their structures to the ground, specifically the Atka Health Clinic by the US Navy. He also described the history leading up to Public Law 100-383, the “Aleutian and Pribilof Islands Restitution Act”. He proposed the following language “Of the amount available in this Act $100,400,000 may be made available for the design and construction of an inpatient hospital facility in Unalaska, and a health clinic in Atka.” Making a vehicle of the Restitution Act to restore essential health services to both Islands and continue the process of healing for the Unangan People.

Please join us in giving gratitude and a vehicle for this most important legislation to Senator Mark Begich. This he did for us just days after speaking to APIA President and CEO, Dimitri Philemonoff one-on-one and in person and after APIAs’ Primary Care Services Regional Administrator, Jessica Mata Rukovishnikoff, gave our testimony to the Subcommittee on Interior, Environment and Related Agencies.

On Monday, April 7th 2014, Jessica Mata Rukovishnikoff provided testimony specifically in regards to the replacement of the facilities destroyed during WWII in Washington, DC. The testimony she provided on behalf of APIA spoke specifically to request amendment to the Aleutian and Pribilof Islands Restitution Act to appropriate $100.4 million for reconstruction of the Unalaska Hospital and the Atka Island clinic, allocation if an additional $8.5 million to the IHS to fully fund Village Built Clinic Leases, and also to direct the IHS to use its FY 2015 appropriations to fully fund the VBC leases in accordance with Section 804 of the Indian Health Care Improvement Act (IHCIA), to ensure that Contract Support Costs continue to be fully funded by moving the program to mandatory spending, and finally to place IHS funding for 638 contracts/compacts on an advance appropriations basis much like the medical account of the Veterans Administration which is never subject to sequestration. The testimony was well
received. The Chairman even remembered the “forgotten war” and asked questions that were appropriate and indicated an interest in the Unangan of WWII and the restoration of our structures.

March 11th, 2014 the APIA and Qawalangin Tribe traveled to Washington DC to meet with Congressional delegation. We are very thankful to both Qawalangin President Tom Robinson, and Council Member and Ounalashka Corporation Director Vincent Tutiaoff for joining us and making the impact on our Delegation. We were able to meet with Senator Begichs’ office, Senator Lisa Murkowski’s office, Congressman Don Youngs’ office, the office of Japanese Affairs, and the IHS Office of Environmental Health and Engineering, IHS OEHE. While our delegation were all in support of our efforts, and we received great pointers on how to approach the Japanese delegation the highlight of the trip was support and news from the IHS that our project was still in the top (5) of their Joint Venture list and that after years of being unfunded that this would be the year of progress! We did all these meetings with hot dogs for lunch on a bus within a two day work day and immediately flew straight home to Alaska. The project was becoming a reality and it was time to report to the Stakeholders.

A promise of progress. True to their word the IHS OEHE Joint Venture update package was received on March 28th and a report to the Stakeholders! Wherein, President/CEO Dimitri Philemonof was advised that our application for the JV Construction program was rated and advanced for 2014 and request to proceed with the next phase which includes completion of the planning documents, which include a program justification docu-
NEW EMPLOYEES IN PRIMARY CARE

Lorie Rover, Pribilof Islands Sub-Regional Medical Director/Nurse Practitioner—St. Paul Health Center

Educational Background:
Worked as a nurse practitioner at The Little Clinic for 2 years in Ohio. Worked in the ER as a RN and Nurse Practitioner.

Family Background:
I have a husband, Michael, who will be working on Saint Paul for the department of public safety. I have a son, Sean age 7, and a daughter, Elise age 4 months. Also I have 6 brothers and sisters and tons of nieces and nephews.

Favorites:
The Good Wife and I love to read books almost any kind. I enjoy scrapbooking and traveling.

Interesting tid-bits:
I am from Ohio so I may need help with seafood recipes!

Elizabeth Graham, LCDR, Nurse Practitioner—Oonalaska Wellness Center

I was born and grew up in the small town of Aracta, California, on the north coast of California. I have a BA in International Studies from The American University in Washington, D.C. BSN in Nursing from The Johns Hopkins University School of Nursing in Baltimore, Maryland. MSN with a Family Nurse Practitioner Specialty from Sonoma State University in Rohnert Park, California. I also have a post master’s certificate in Rural Clinic Management from Sonoma State. I worked as a nurse at Cottage Hospital in Santa Barbara, CA for several years before going to graduate school. My most recent duty station was at the Anadarko Indian Health Center in Anadarko, Oklahoma. I was the nurse practitioner for the Riverside Indian School, the largest boarding school for Native American children in the country. I also saw the general populations, and treated patients of all ages with a myriad of acute and chronic health problems. My fiancé and I have a house in rural Lake County in Northern California, North of Napa County. I love to travel. I love the ocean, and I am happy to finally live by the ocean again, which is my roots. My fiancé, Ken, and cat, Ali, have joined me on this journey. I enjoy my profession, and I am looking forward to serving the communities of Unalaska and the surrounding areas. Thank you for the opportunity.

(Charlie Photo Not Available)

Charlene Shaishnikof, OWC Patient Accounts Representative—Oonalaska Wellness Center

Employment History:
I have worked for the US Postal service for 8 years and have filled in for odd jobs and the most recent was working at the Senior Center here in Unalaska.

Educational Background:
I Graduated from Unalaska City High School, one year college.

Family Background:
Parents are Emil & Harriet Berikoff. Brother is Emil, Jr. My husband is Jim and we have five beautiful children: John, Cheyanne, Caleb, Luke and Shelby. We have three grandchildren, Olivia, Shane and Sadie.

Favorites:
Favorite things to do are hanging out with my family, hiking, boating, camping and watching basketball. Interesting tid-bits: I’ve been a full-time, stay at home Mom for the past 17 years. I am both excited and nervous to be back into the work place.
Each week a printable Adobe Acrobat pdf with an embedded sound file and an mp3 sound file containing an Aleut word or phrase is sent via email. You can open the printable file to study the written word or phrase and listen to the mp3 sound file to practice speaking. Please contact Millie McKeown at milliem@apia.org if you would like to be added to the list of weekly recipients.
Farewell—Best of Luck!

Doris Kompkoff, CHP Nikolski.
Doris has been a Community Health Practitioner for our Nikolski clinic for a total of 13 years, 7 years as an Itinerant and 6 years as our regular employee. Doris spent her last day as CHP in Nikolski on May 29th. Please join us and the Community of Nikolski in thanking her for her years of service and wishing her good luck on her retirement!

January Grizzell, Receptionist, Anchorage
If you have called or stopped by Anchorage APIA office, you were sure to be greeted by our receptionist of the past 13 years, January Grizzell and her contagious cheerfulness and warm welcome. Sadly, January is no longer an employee of APIA. It was not her choice or ours, but driven by her health. We will all miss her laughs, smiles and hugs. If you would like to send January an email, please call our office and we will share her email address with you. We wish her the best of luck and thank her for her many years serving the Aleutian Pribilof Islands Association.

Carolyn Crowder, Health Director, Anchorage
Carolyn has been the Health Director for the Aleutian Pribilof Islands Association, Inc since October 2002. After 12 years of service, Carolyn gave her notice to resign to Mike Zacharof, Health Chairman, and Dimitri Philemonof, President/CEO. She is leaving to work for her own village corporation which will allow her to work from home and be more accessible to family. Carolyn will be with us until the end of June. We wish her the best of luck and join us in thanking her for her many years of service to the Aleut people.

Lorraine Loyd, CHP Atka.
Lorraine made the move to the big Village from Atka. Where she reports she will itinerant CHP for South Central Foundation on terms that will allow her to spend her time with her grandchildren and children and at the same time keep up her skills and fill that need to provide essential health services to other Villages that wouldn’t otherwise have healthcare. Please join the Community of Atka and APIA in thanking Lorraine when you see her around Anchorage!

Richard Eaton, CHA III, St Paul.
Richards last day as a fulltime CHA III will be June 13th. Richard joined us as our Community Health Aide November 2011. Since then, he has excelled in his Session trainings up to a Community Health Aide III. He is advancing his expertise in the medical field and expected to start his courses to focus on becoming a Physician Assistant in May, 2014. He played an important role in the Diabetes Care Coordination by providing education, prevention and monitoring of Diabetes Program in St. Paul/St. George.
Simple Instructions From Our Elders:

**THE RIGHT WAY TO LIVE AS AN UNANGAḴ**

*Live with and respect the land, sea, and all nature.*

*Tanaḡnangin, ḗgayuusalix, anḡaḡiimchin aḡnaḵtxichin.*  
(Qagaadan Tunuu - Eastern Dialect)

*Tanaḵ, Alaḡux ama slum imuunu huzuu anaḡim anaṅginis sahngaḵtada.*  
(Niigungum Tunuu - Atka Dialect)

These rules for living from the tradition of the people of the Aleutian and Pribilof Islands are presented to you by the Unangan Elders’ Academy through the Association of Unangan/Unangas Educators and APIA. Thank you to the volunteers and our Unangam Ludaagingin (Aleut Elders) who provided input for these cultural values.

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**THE TIME IS NOW CONTINUED**

Continued from page 11

... also reported that Stakeholder updates and meetings would be scheduled quarterly, and notification will be sent to all Stakeholders, included on our email list. We plan to have the next meeting at the end of June 2014.

Before then, the Aleutian Pribilof Islands Association will host an informational reception in the Community of Unalaska around the time of Ounalashka Corporation shareholder meeting. Scheduling and details are being worked out by Janice Krukoff so as not to interfere or disrupt the OCs order of business.

Before all this and in efforts to research and gain a feel of what needed to be accomplished APIA Primary Care Administrator, Jessica Mata Rukovishnikoff and consultant Vernon Rosamond travelled out to Unalaska on February 16th. Along with the Tribe and Ounalashka Corporation they were able to meet with the City Planning and Zoning, state of Alaska legislative branch office, a shipping company to get a feel for logistics. The idea of a Health Facility in Unalaska was well received by all.

Questions should be addressed to the Aleutian Pribilof Islands Association at 800-478-2742.
Mike Zacharof, the "King of the Aleuts", was born January 24, 1941 and returned to his father June 14, 2014, at the age of 73. Mike was a family man, a leader of Saint Paul, and an advocate for all Tribal people.

His wife Julie, said that Mike was "My best friend, the love of my life, the rock that held the family together, he wore his heart on his sleeve and was always willing to help his people. He would give them the shirt off his back. He had the most beautiful smile that melted my heart, eyes filled with love for me, his wife. He was my Elvis."

He will always be remembered as a loving Husband, A loving Father, A loving Brother, Uncle, Grandfather, Great-Grandfather and a Leader with a vision to empower the Aleut People. He passed down his ideals and beliefs to the beautiful family that he loved with all his heart. A Father who insisted his children to always respect community members, to love your family with compassion, family is the strongest bond so keep them close, trust in them and always forgive, that is what Love is. He started working at a young age and worked until the day that he passed away.

He encouraged his children to be anything they wanted to be in this world, to respect their elders and to use their voices to speak for themselves. His children loved him with honor, for the sword that he carried for them while serving his country in the National Guard. He told his family, "Love is the key to the world. Always forgive so your heart won't be heavy. Never give up." His family says that they "love and appreciate that he sacrificed his time for our people." He taught his children to be independent and to never depend on anyone but themselves, to love truly, to be wise and to be grateful, for gratefulness brings us together again and again. He always told his children, "Your mom is strong, but it takes two to be strong enough to fight and hold on to the most beautiful gift God has given to us and that is the gift of love."

He will be remembered for his humor, often saying "hey there!" with a smile that would light up the room. He would always start a meeting by saying "Let's make this short and sweet like me."

Mike was a Dental Assistant 1960-1966; Policeman 1966-1967; a Power Plant Operator, Foreman for the Fur Seal Harvest; Member of the Army National Guard; President Tanadgusix Corporation; President of the Aleut Corporation; Tribal President; Mayor of the City of St. Paul Island; President of the Aleutian Pribilof Islands Association 1978-1981; Sgt. At Arms and Board Health Committee Chairman of the Aleutian Pribilof Islands Association 1988-94; 1996-99; 2001-14; Station Manager for Reeve Aleetian Airways; Station Manager at Adak Pen Air; Director of Rural Cap from 1981-1983. He was a Mechanic, Truck Driver, Crane Operator, Volunteer Fire Fighter/EMT, Director of the Aleut Foundation, and an Honorary Tribal Judge. He was awarded the Jack White Crow Award from the National Indian Health Board. (a lifetime achievement award).

Mike Zacharof Memory Eternal continued on page 17
Welcome New Health Director

APIA New Health Director – Welcome Charles Fagerstrom!

Charles Fagerstrom is Alaska Native, from Nome, AK. He is coming to us from ANTHC. He has extensive background working with Indian Health Services and many of the other programs we administer in the Health Department. He also has impressive experience with grant writing, multi-program budgets, rural Alaska, leadership, management and supervision. He already knows many of our providers and staff. He knows and has worked with Carolyn in the past. He comes highly recommended with impressive references. We feel he is the most qualified for this position at this time. Charles is working with Carolyn on the transition into his new position until the end of June. Please help us welcome Charles Fagerstrom as our new Health Director!

Mike Zacharof—Memory Eternal

Mike was a leader who incorporated the City of Saint Paul and the Tanadgusix Corporation in 1971. He negotiated in Washington DC to fight for the Aleut People who were evacuated to concentration camps during World War II, fought for the creation of the St. Paul Island Harbor, breakwater and airport.

Mike is preceded in death by his parents, Nikolai and Sophia Steptin; his daughter, Marva; his grandson James; and his Great-Grandsons, Connor Isaac, Kanuux, Nikolai. Mike is survived by his loving wife Julie; his brothers, Nick and Honea; and his children, Richard and Macrina, Sophia and Steve, Dino and Susie, Bea and Chuck, Anita and Bryan, Dion, Galena, Esther and Mike, Peter, and Jonathan and Deanna. He is survived by his Grandchildren, Dimitri and Olga, Dino Jr., Jesse, Yvonne, Warren Michael Kushin, Monique, Sophia, Jared, Iuliana, Veronica, Michelle, Andrew, Samantha, Chelsea, Maxim, Bryan, Monica and Bob, Jena, Chazz, Edgar, Christopher, Michael, Matt, Josh, Damon, and Shane, Jonathan, David, Skylar, Taughney, Zack, and Fawn; Great-Grandchildren, Preston, Courtney, Luke, Kira, Brittney, Pierce, Chloe, Kylie, Vladimir, Sasha, Brad, Nikolai, Alexia, Caleb, Ronan, Serena, Kadyn, Glael, Gabriel, Gabriela, Byron, Shunlata and Katana.

“God is great” – Mike Zacharof
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By Raymond L. Hudson
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A Coloring Book of Animals
includes CD with translations in Unangam Tunuu (Aleut Language).

Prices do not include shipping/handling. Please contact Jessica at (907) 276-2700 or jessicab@apiai.org for shipping/handling cost.
OUR MISSION

- To promote self-sufficiency and independence of the Unangan/Unanagas\(^1\) by advocacy, training, technical assistance, and economic enhancement;
- To assist in meeting health, safety, and well-being of each Unanga\(^2\) community;
- To promote, strengthen, and ensure the unity of the Unangan/Unangas; and
- To strengthen and preserve the Unanga\(^2\) cultural heritage.

\(^1\)Unangan [Eastern dialect], Unangas [Atka Dialect] - Aleuts, plural form; \(^2\)Unanga\(^x\) - Aleut, singular form

ALEUTIAN Pribilof Islands Association’s Board of Directors

Mark Snigaroff, Chair—Atka IRA Council
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